# Introduction to Martingales 

Robert L. Wolpert<br>Department of Statistical Science<br>Duke University, Durham, NC, USA

Informally a martingale is simply a family of random variables (or a stochastic process) $\left\{M_{t}\right\}$ defined on some probability space $(\Omega, \mathcal{F}, \mathrm{P})$ and indexed by some ordered set $\mathcal{T}$ that is "conditionally constant," i.e., whose predicted value at any future time $s>t$, based on everything known at time $t$, is the same as its present value at the time $t$ of prediction. The set $\mathcal{T}$ of possible indices $t \in \mathcal{T}$ is usually taken to be the nonnegative integers $\mathbb{N}_{0}$ or the nonnegative reals $\mathbb{R}_{+}$, although sometimes $\mathbb{Z}$ or $\mathbb{R}$ or other ordered sets arise. Formally we represent what is known at time $t$ in the form of an increasing family of $\sigma$-algebras (or a filtration) $\left\{\mathcal{F}_{t}\right\} \subset \mathcal{F}$, possibly generated by some process $\left\{X_{s}: s \leq t\right\}$ or even by the martingale itself, $\mathcal{F}_{t}^{M}=\sigma\left\{M_{s}: s \leq t\right\}$ (this one is called the natural filtration). We require that $\mathrm{E}\left|M_{t}\right|<\infty$ for each $t$ (so the conditional expectation below is well-defined) and that

$$
\begin{equation*}
M_{t}=\mathrm{E}\left[M_{s} \mid \mathcal{F}_{t}\right], \quad t<s \tag{1}
\end{equation*}
$$

It follows that $\left\{M_{t}\right\}$ is adapted to $\left\{\mathcal{F}_{t}\right\}$, i.e., $M_{t}$ is $\mathcal{F}_{t}$-measurable for each $t$. For integertime processes, like functions of random walks or Markov chains, it is only necessary (by the tower property) to insist that (1) hold for $s=t+1$, and it will follow that it holds for all $t<s$. Usually we take $\mathcal{F}_{t}=\sigma\left[X_{i}: i \leq t\right]$ for some process of interest $X_{t}$ (perhaps $M_{t}$ itself, although in general $\mathcal{F}_{t}$ can be bigger than that) and write

$$
M_{t}=\mathrm{E}\left[M_{t+1} \mid X_{0}, \ldots, X_{t}\right]
$$

There are several "big theorems" about martingales that make them useful in statistics and probability theory. Most of them are simple to prove for discrete time $\mathcal{T}=\mathbb{N}_{0}$, and true but more challenging for continuous time $\mathcal{T}=\mathbb{R}_{+}$, so our text (Resnick, 1998, chap. 10) covers only integer-time martingales.

## 1 Optional Stopping Theorem

A random "time" $\tau: \Omega \rightarrow \mathcal{T}$ is an $\mathcal{F}_{t^{t}}$-stopping time or a Markov time if for each $t \in \mathcal{T}$ the event $[\tau \leq t]$ is in $\mathcal{F}_{t}$; informally, $\tau$ "doesn't depend on the future." For discrete time sets
$\mathcal{T}, \tau$ is a stopping time if and only if $[\tau=t] \in \mathcal{F}_{t}$ for each $t \in \mathcal{T}$ (can you prove that?).
If $\tau$ is a stopping time and if $M_{t}$ is a martingale, then $M_{t \wedge \tau}$ is a martingale too. The proof is easy for integer-time martingales:

$$
\begin{aligned}
\mathrm{E}\left[M_{(t+1) \wedge \tau} \mid \mathcal{F}_{t}\right] & =\mathrm{E}\left[M_{\tau} \mathbf{1}_{[\tau \leq t]}+M_{t+1} \mathbf{1}_{[\tau>t]} \mid \mathcal{F}_{t}\right] \\
& =M_{\tau} \mathbf{1}_{[\tau \leq t]}+\mathbf{1}_{[\tau>t]} \mathrm{E}\left[M_{t+1} \mid \mathcal{F}_{t}\right] \\
& =M_{\tau} \mathbf{1}_{[\tau \leq t]}+\mathbf{1}_{[\tau>t]} M_{t} \\
& =M_{t \wedge \tau} .
\end{aligned}
$$

### 1.1 Application: Simple Random Walks

Fix $0<p<1$ and let $\left\{\xi_{j}\right\}$ be iid $\pm 1$-valued random variables with $\mathrm{P}\left[\xi_{j}=1\right]=p$ and $\mathrm{P}\left[\xi_{j}=-1\right]=q:=(1-p)$ (hence $\mathrm{E} \xi_{j}=p-q$ and $\mathrm{V} \xi_{j}=4 p q$ ). Set $\mathcal{F}_{n}:=\sigma\left\{\xi_{j}: j \leq n\right\}$, let $x \in \mathbb{Z}$, and set:

$$
\begin{equation*}
X_{n}:=x+\sum_{j \leq n} \xi_{j}, \tag{2}
\end{equation*}
$$

a random walk starting at $X_{0}=x$ that is either symmetric (if $p=\frac{1}{2}$ ) or not (if $p \neq \frac{1}{2}$ ). Set $\mu:=(p-q)$ and consider for $n \in \mathbb{N}_{0}=\{0,1, \ldots\}$ the three processes

$$
\begin{align*}
& M_{n}^{(1)}=X_{n}-\mu n  \tag{3a}\\
& M_{n}^{(2)}=\left(X_{n}-\mu n\right)^{2}-4 p q n  \tag{3b}\\
& M_{n}^{(3)}=(q / p)^{X_{n}} \tag{3c}
\end{align*}
$$

Verify that each of these is a martingale by computing $\mathrm{E}\left[M_{n+1}^{(i)} \mid \mathcal{F}_{n}\right]=M_{n}^{(i)}$ and applying the tower property and induction. For integers $a \leq x$ and $b \geq x$, verify that $\tau:=\inf \left\{t \geq 0: X_{t} \notin(a, b)\right\}$ is a stopping time, finite a.s. by Borel-Cantelli.

## Gambler's Ruin

Starting with a fortune of $\$ x$ and repeatedly betting $\$ 1$ at even odds at a game where the probabilities of winning and losing are $p$ and $q:=(1-p)$, what is the probability of "winning" by reaching a specified goal $b>x$ before losing by falling to a specified limit $a<x$ ?
Let $W:=[\tau<\infty] \cap\left[X_{\tau}=b\right]$ be the event that $X_{t}$ exits $(a, b)$ to the right, i.e., that $X_{t} \geq b$ before $X_{t} \leq a$. If $p=\frac{1}{2}=q$ (the symmetric case) then $\mu=0$ and by DCT (since $\left.\left|M_{t \wedge \tau}^{(1)}\right| \leq|a| \vee|b|<\infty\right)$,

$$
\begin{aligned}
x=\mathrm{E}\left[M_{0}^{(1)}\right] & =\lim _{t \rightarrow \infty} \mathrm{E}\left[M_{t \wedge \tau}^{(1)}\right] \\
& =\mathrm{E}\left[M_{\tau}^{(1)}\right]=b \mathrm{P}[W]+a \mathrm{P}\left[W^{c}\right] \\
& =(b-a) \mathrm{P}[W]+a,
\end{aligned}
$$

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so the probability of winning is

$$
\begin{equation*}
\mathrm{P}[W]=\frac{x-a}{b-a} . \tag{4}
\end{equation*}
$$

Thus in a "fair" game the odds of reaching $b$ before falling to $a$, starting at $x \in(a, b)$, increases linearly from zero at $a$ to one at $b$. For an un-fair game, i.e., if $p \neq q$, then $(p / q)^{b} \neq(p / q)^{a}$ and again by DCT,

$$
\begin{align*}
(q / p)^{x}=\mathrm{E}\left[M_{0}^{(3)}\right] & =\lim _{t \rightarrow \infty} \mathrm{E}\left[M_{t \wedge \tau}^{(3)}\right]=\mathrm{E}\left[M_{\tau}^{(3)}\right] \\
& =(q / p)^{b} \mathrm{P}[W]+(q / p)^{a} \mathrm{P}\left[W^{c}\right] \\
& =\left[(q / p)^{b}-(q / p)^{a}\right] \mathrm{P}[W]+(q / p)^{a}, \text { so } \\
\mathrm{P}[W] & =\frac{(q / p)^{x}-(q / p)^{a}}{(q / p)^{b}-(q / p)^{a}} \\
& =\frac{(p / q)^{b-x}-(p / q)^{b-a}}{1-(p / q)^{b-a}}  \tag{5}\\
& \approx(p / q)^{b-x} \text { if } b>a \text { and } p<\frac{1}{2}<q .
\end{align*}
$$

For example, for $1: 1$ bets in US roulette which win with probability $p=9 / 19$ and lose with probability $q=10 / 19$, the chance of winning by reaching $b=\$ 100$ before falling to $a=\$ 0$ with one-dollar bets beginning at $x=\$ 90$ is $\mathrm{P}[W]=\left(0.9^{10}-0.9^{100}\right) /\left(1-0.9^{100}\right)=0.34866$, and the chance of reaching $\$ 100$ before $\$ 0$ starting at $x=\$ 50$ is $\mathrm{P}[W]=\left(0.9^{50}-0.9^{100}\right) /(1-$ $\left.0.9^{100}\right)=0.00513$, while these would be $90 \%$ and $50 \%$ in a fair game. It's surprising to most of us what a dramatic difference the seemingly small departure of $p \approx 0.474$ and $q \approx 0.526$ from 0.500 makes.
Martingale $M_{t}^{(2)}$ can help us find the expected duration of a fair game. For $p=\frac{1}{2}=q, \mu=0$ and $4 p q=1$, so

$$
\begin{align*}
x^{2}=M_{0}^{(2)} & =\lim _{t \rightarrow \infty} \mathrm{E}\left[M_{t \wedge \tau}^{(2)}\right]=\mathrm{E}\left[M_{\tau}^{(2)}\right] \\
& =\mathrm{E}\left[X_{\tau}^{2}-\tau\right] \\
& =b^{2} \mathrm{P}[W]+a^{2} \mathrm{P}\left[W^{c}\right]-\mathrm{E}[\tau] \\
& =\frac{b^{2}(x-a)+a^{2}(b-x)}{b-a}-\mathrm{E}[\tau] \\
& =(a+b) x-a b-\mathrm{E}[\tau] \text { so } \\
\mathrm{E}[\tau] & =(a+b) x-a b-x^{2}=(b-x)(x-a) . \tag{6}
\end{align*}
$$

The expected time until $X_{t}=100$ or $X_{t}=0$ starting at $x=90$ is 900 turns and starting at $x=50$ is 2500 turns, or 30 and 83 hours respectively at a typical rate of two turns per
minute. For unfair games we can find $\mathrm{E} \tau$ from $M_{\tau}^{(1)}$ :

$$
\begin{align*}
x=M_{0}^{(1)} & =\lim _{t \rightarrow \infty} \mathrm{E}\left[M_{t \wedge \tau}^{(1)}\right]=\mathrm{E}\left[M_{\tau}^{(1)}\right] \\
& =\mathrm{E}\left[X_{\tau}-\mu \tau\right] \\
& =\frac{b\left[(q / p)^{x}-(q / p)^{a}\right]+a\left[(q / p)^{b}-(q / p)^{x}\right]}{(q / p)^{b}-(q / p)^{a}}-\mu \mathrm{E}[\tau], \text { so } \\
\mathrm{E} \tau & =\frac{(b-x)\left[(q / p)^{x}-(q / p)^{a}\right]+(a-x)\left[(q / p)^{b}-(q / p)^{x}\right]}{\mu\left[(q / p)^{b}-(q / p)^{a}\right]} \\
& =\frac{(b-x)\left[(p / q)^{b-x}-(p / q)^{b-a}\right]-(x-a)\left[1-(p / q)^{b-x}\right]}{(p-q)\left[1-(p / q)^{b-a}\right]} \tag{7}
\end{align*}
$$

or approximately $\mathrm{E} \tau \approx(x-a) /(q-p)$ for $a \ll b$ and $p<q$. For US roulette, $\mathrm{E} \tau=1047.5$ for $x=90$ (with a slim $35 \%$ chance of winning) and $\mathrm{E} \tau=940.258$ for $x=50$ (with about a $1 / 200$ chance). Larger bets make the game go quicker and improve the chance of winning; for $\$ 10$ bets, set $a=0, b=10$ and try $x=5, x=9$ to see the probability of winning increase to $\mathrm{P}[W]=37 \%$ or $87 \%$ with $\mathrm{E}[\tau]=24.46$ or 10.17 , respectively, much closer to the values $50 \%, 90 \%$ for $\mathrm{P}[W]$ and 25,10 for $\mathrm{E} \tau$ in a fair game. Even faster (and more favorable) is the optimal strategy of bold play, betting $x \wedge(b-x)$ each time; for $x=50$ this amounts to betting all $\$ 50$ at once $(\mathrm{E}[W]=9 / 19=47.37 \%, \mathrm{E} \tau=1$ ) while for $x=\$ 90, \mathrm{E}[W]=87.94 \%$. Upon taking the limit as $a \rightarrow-\infty$ in Eqns $(4,5)$ we find that $\mathrm{P}\left[X_{t} \geq b\right.$ for any $\left.t<\infty\right]$ has probability one if $p \geq \frac{1}{2}$, but for $p<\frac{1}{2}$ the probability is $(p / q)^{b-x}<1$; thus even an infinitely-rich patron has only a $0.9^{10}=34.8678 \%$ chance of winning $\$ 10$ in US roulette with successive $\$ 1$ bets. The expected time to reach $b>x$ is infinite for $p \leq \frac{1}{2}$, but for $p>\frac{1}{2}$ the expected time is finite, $\mathrm{E}[\tau]=(b-x) /(p-q)<\infty$.

### 1.1.1 Other Random Walks

More generally we can construct a process $X_{n}$ as in (2) for any iid $\left\{\xi_{j}\right\} \subset L_{2}$ with finite MGF and martingales $M_{n}^{(k)}$ as in (3), with $\mu=\mathrm{E} \xi_{j}$ in (3a), replacing $4 p q$ with $\sigma^{2}=\mathrm{V} \xi_{j}$ in (3b), and replacing $(q / p)$ with $e^{t^{*}}$ where $t^{*} \neq 0$ is the solution to $M\left(t^{*}\right)=1$ for the MGF $M(t)$ of $\xi_{j}\left(t^{*}<0\right.$ if $\mu>0, t^{*}>0$ if $\left.\mu<0\right)$. Now the probabilities of Eqns $(4,5)$ and expectations of Eqns $(6,7)$ will only be approximate, since $X_{\tau}$ won't be exactly $a$ or $b$. Abraham Wald (1945) studied the discrepancy in some detail, motivated by the following important application, the key to modern sequential clinical trials.

### 1.2 The SPRT Sequential Statistical Test

If iid random variables $\left\{Y_{j}\right\}$ are known to come from one of two possible distributions, with densities (w.r.t. any $\sigma$-finite reference measure) $f_{0}$ and $f_{1}$, the likelihood ratio (against the

Null) for the first $n$ observations is

$$
\Lambda_{n}:=\prod_{j=1}^{n} \frac{f_{1}\left(Y_{j}\right)}{f_{0}\left(Y_{j}\right)}
$$

In Wald's Sequential Probability Ratio Test (SPRT), one observes data sequentially until $\Lambda_{n}$ passes an upper boundary $U \in(1, \infty)$ (in which case the null hypothesis $H_{0}: Y_{j} \stackrel{\text { iid }}{\sim}$ $f_{0}(y) d y$ is rejected) or a lower boundary $L \in(0,1)$ (in which case the test fails to reject $H_{0}$ ). The test has optimality properties (Wald and Wolfowitz, 1948) similar to those of fixed-sample-size likelihood ratio tests (Neyman and Pearson, 1933). The logarithm $X_{n}=\log \Lambda_{n}$ is a random walk under both $f_{0}$ and $f_{1}$, and $\tau:=\inf \left\{n: \Lambda_{n} \notin(L, U)\right\}=$ $\inf \left\{n: X_{n} \notin(a:=\log L, b:=\log U)\right\}$ is Wald's stopping time, so the results of Section (1.1.1) apply. In addition, $\Lambda_{n}$ itself is a martingale under $f_{0}$, as is $\Lambda^{-1}$ under $f_{1}$, giving convenient tools for bounding the probability of incorrect hypothesis-test results or the expected duration of a sequential test. The approximate size $\alpha=\mathrm{P}_{0}\left[\Lambda_{\tau} \geq U\right]$, power $[1-\beta]=\mathrm{P}_{1}\left[\Lambda_{\tau} \geq U\right]$ are:

$$
\alpha \approx(1-L) /(U-L) \quad 1-\beta \approx U(1-L) /(U-L)
$$

so any desired size and power can be obtained by setting

$$
L \approx \beta /(1-\alpha) \quad U \approx(1-\beta) / \alpha
$$

The approximate expected sample sizes $S_{0}$ (under $f_{0}$ ) and $S_{1}$ (under $f_{1}$ ) can be found by applying martingale methods to the random walk $X_{n}:=\log \Lambda_{n}$, whose iid steps have means $\mu_{i}$ (so $\left(X_{n}-n \mu_{i}\right)$ is a martingale) given by

$$
\begin{array}{ll}
\mu_{0}=-\mathcal{K}\left(f_{0}: f_{1}\right) & \mu_{1}=\mathcal{K}\left(f_{1}: f_{0}\right) \\
S_{0} \approx \frac{\alpha \log U+(1-\alpha) \log L}{\mu_{0}} & S_{1} \approx \frac{(1-\beta) \log U+\beta \log L}{\mu_{1}}
\end{array}
$$

under distribution $\left\{Y_{j}\right\} \stackrel{\text { iid }}{\sim} f_{i}$ for $i=0,1$ respectively. Here

$$
\mathcal{K}(f: g):=\int \log \frac{f(y)}{g(y)} f(y) d y \geq 0
$$

denotes the Kullback-Leibler divergence from $f$ to $g$, a measure of the discrepancy between two distributions with pdfs $f, g$. If $f_{0}$ and $f_{1}$ are rather similar, then $\mu_{0}$ and $\mu_{1}$ will be small and the sample sizes $S_{0}$ or $S_{1}$ needed to attain small size $\alpha$ and large power $(1-\beta)$ will be large.
A Bayesian with prior $\mathrm{P}\left[H_{0}\right]=\pi_{0}$ would report posterior probability $\mathrm{P}\left[H_{0} \mid\right.$ Data $]=$ $\left(1+\frac{\pi_{1}}{\pi_{0}} \Lambda_{\tau}\right)^{-1}$, or about $\pi_{0} /\left(\pi_{0}+\pi_{1} a\right)$ if $X_{\tau} \leq a$ and $\pi_{0} /\left(\pi_{0}+\pi_{1} b\right)$ if $X_{\tau} \geq b$, lending guidance about the selection of $a$ and $b$. By Doob's maximal inequality, for $0<\alpha, \beta<1$ the SPRT with $L=\beta$ and $U=1 / \alpha$ will satisfy $\mathrm{P}\left[\right.$ Reject $\left.H_{0} \mid H_{0}\right] \leq \alpha$ and $\mathrm{P}\left[\right.$ Reject $\left.H_{0} \mid H_{1}\right] \geq 1-\beta$, the classical Frequentist error bounds.

## 2 Martingale Path Regularity

If $M_{t}$ is a martingale and $a<b$ are real numbers, denote by $\nu_{[a, b]}^{(t)}$ the number of "upcrossings" of the interval $[a, b]$ by $M_{s}$ prior to time $t$, i.e., the number of times $M_{s}$ passes from below $a$ to above $b$ at times $0 \leq s \leq t$. Then:

$$
\mathrm{E}\left[\nu_{[a, b]}^{(t)}\right] \leq \frac{\mathrm{E}\left|M_{t}\right|+|a|}{b-a}
$$

and, in particular, martingale paths don't oscillate infinitely often - they have left and right limits at every point. This is also the key lemma for proving the Martingale Convergence Theorem below. Here's the idea, attributed to both Doob and to Snell:
Set $\beta_{0}:=0$ and, for $n \in \mathbb{N}$, define

$$
\begin{aligned}
& \alpha_{n}:=\inf \left\{t>\beta_{n-1}: M_{t} \leq a\right\} \\
& \beta_{n}:=\inf \left\{t>\alpha_{n}: M_{t} \geq b\right\},
\end{aligned}
$$

or infinity if the indicated event never occurs (i.e., we take $\inf \{\emptyset\}=\infty$ ). Define a process $Y_{t}$ by

$$
Y_{t}:=\sum_{n \in \mathbb{N}}\left[M_{t \wedge \beta_{n}}-M_{t \wedge \alpha_{n}}\right] .
$$

Starting with the first time $\alpha_{1}$ that $M_{t} \leq a, Y_{t}$ accumulates the increments of $M_{t}$ until the first time $\beta_{1}$ that $M_{t} \geq b$; the process continues if the martingale $M_{t} \leq a$ again falls below $a$ (at time $\alpha_{2}$ ), and so forth. All the terms vanish for $n$ large enough that $\alpha_{n}>t$, so there are at most $1+\nu_{[a, b]}^{(t)}$ non-zero terms, each at least $[b-a]$ except possibly the last if $\alpha_{n}<t<\beta_{n}$ for some $n$. Then

$$
\begin{aligned}
Y_{t} & :=\sum_{n \in \mathbb{N}}\left[M_{t \wedge \beta_{n}}-M_{t \wedge \alpha_{n}}\right] \\
& \geq(b-a) \nu_{[a, b]}^{(t)}+\left[M_{t}-a\right] \\
\mathrm{E} Y_{t} & \geq(b-a) \mathrm{E} \nu_{[a, b]}^{(t)}+\mathrm{E}\left[M_{t}-a\right] \\
& \geq(b-a) \mathrm{E} \nu_{[a, b]}^{(t)}-\mathrm{E}\left(M_{t}-a\right)_{-} \\
& \geq(b-a) \mathrm{E} \nu_{[a, b]}^{(t)}-\mathrm{E}\left|M_{t}\right|-|a| .
\end{aligned}
$$

By the Optional Stopping Theorem, $Y_{t}$ is a martingale and hence $\mathrm{E} Y_{t}=\mathrm{E} Y_{0}=0$; it follows that $\mathrm{E} \nu_{[a, b]}^{(t)} \leq\left(\mathrm{E}\left|M_{t}\right|+|a|\right) /(b-a)$.
The important conclusion is that $\mathrm{E} \nu_{[a, b]}^{(t)}<\infty$, so $\nu_{[a, b]}^{(t)}$ is almost-surely finite- leading to:
Theorem 1 (Martingale Path Regularity) Let $M_{t}^{0}$ be a martingale with index set $\mathcal{T}=$ $\mathbb{R}_{+}$. Then with probability one, $M_{t}^{0}$ has limits from the left and from the right at every point $t \in \mathcal{T}$, and at each $t$ is almost-surely equal to the right-continuous process $M_{t}:=\lim _{s \searrow_{\downarrow}} M_{s}^{0}$. If the filtration is right-continuous, $\mathcal{F}_{t}=\cap_{s>t} \mathcal{F}_{s}$, then $M_{t}$ is also a martingale.

If $M_{t}$ is uniformly bounded in $L_{1}, \mathrm{E}\left|M_{t}\right| \leq c<\infty$ for all $t \in \mathcal{T}$, then by Fatou's lemma we can even take $t \rightarrow \infty$ so $\mathrm{E} \nu_{[a, b]}^{(\infty)} \leq[c+|a|] /(b-a)<\infty$, and the number of times $\nu_{[a, b]}^{(\infty)}$ that $M_{t}$ ever crosses the interval $[a, b]$ is almost-surely finite. This is the key for proving:

## 3 Martingale Convergence Theorems

Theorem 2 (Martingale Convergence Theorem) Let $M_{t}$ be an $L_{1}$-bounded martingale (so for some $c \in \mathbb{R}_{+}$it satisfies $\mathrm{E}\left|M_{t}\right| \leq c$ for all $t \in \mathcal{T}$ ). Then there exists a random variable $M_{\infty} \in L_{1}$ such that $M_{t} \rightarrow M_{\infty}$ a.s. as $t \rightarrow \infty$. If $\left\{M_{t}\right\}$ is Uniformly Integrable (for example, if $(\forall t \in \mathcal{T}) \mathrm{E}\left|M_{t}\right|^{p} \leq c_{p}$ for some $p>1$ and $\left.c_{p}>0\right)$, then also $M_{t} \rightarrow M_{\infty}$ in $L_{1}$.

Proof. Define $M_{\infty}:=\liminf _{t \rightarrow \infty} M_{t}$ and $M^{\infty}:=\lim \sup _{t \rightarrow \infty} M_{t}$. Suppose (for contradiction) that $\mathrm{P}\left[M_{\infty}=M^{\infty}\right]<1$. Then there exist numbers $a<b$ for which $\mathrm{P}\left[M_{\infty}<a<b<\right.$ $\left.M^{\infty}\right]>0$. But $\nu_{[a, b]}^{(\infty)}=\infty$ on this event, contradicting $\mathrm{E} \nu_{[a, b]}^{(\infty)} \leq(c+|a|) /(b-a)<\infty$. The result about UI martingales now follows by the UI convergence theorem.

Corollary 1 Let $M_{t}$ be a martingale and $\tau$ a stopping time. Then

$$
\mathrm{E} M_{0}=\mathrm{E} M_{\tau}
$$

if either $\left\{M_{t}\right\}$ is uniformly integrable, or if $\mathrm{E} \tau<\infty$ and $\left|M_{s}-M_{t}\right| \leq c|s-t|$ a.s. for some $c<\infty$.

Proof. Obviously $M_{\tau}=\lim _{t \rightarrow \infty} M_{t \wedge \tau} a . s$; the family $\left\{M_{t \wedge \tau}\right\}$ will be UI under either of the stated conditions.

Note that some condition is necessary in the Corollary above. The simple symmetric random walk $S_{0}=0, S_{n+1}=S_{n} \pm 1$ (with probability $1 / 2$ each) is a martingale, and the hitting time $\tau:=\inf \left\{t: S_{t}=1\right\}$ is a stopping time that is almost-surely finite, but

$$
\mathrm{E}\left[S_{\tau}\right]=1 \neq 0=\mathrm{E}\left[S_{0}\right]
$$

so the conclusion of Corollary 1 fails. Note that $S_{n}$ is not UI here, and $\left|S_{s}-S_{t}\right| \leq|s-t|$ is linearly bounded, but $\mathrm{E} \tau=\infty$. For another example, let $X \sim \mathrm{Ge}\left(\frac{1}{2}\right)$ be a geometric random variable with $\mathrm{P}[X=x]=2^{-x-1}$ for $x \in \mathbb{N}_{0}$, and set $M_{t}:=2^{t} \mathbf{1}_{\{X \geq t\}}$. Then $M_{t}$ is a martingale starting at $M_{0}=1, \tau=X+1=\inf \left\{t: M_{t}=0\right\}$ is a stopping time with finite expectation $\mathrm{E}[\tau]=2$, but

$$
\mathrm{E}\left[M_{\tau}\right]=0 \neq 1=\mathrm{E}\left[M_{0}\right] .
$$

Again $M_{t}$ is not UI, and this time $\mathrm{E} \tau<\infty$ but $\left|M_{s}-M_{t}\right|$ is not bounded linearly in $|s-t|$.

Theorem 3 (Backwards Martingale Convergence Theorem) Let $\left\{M_{t}\right\}$ be a martingale indexed by $\mathbb{Z}$ or $\mathbb{R}$ (or just the negative half-line $\mathbb{Z}_{-}$or $\mathbb{R}_{-}$). Then, without any further conditions, there exists a random variable $M_{-\infty} \in L_{1}(\Omega, \mathcal{F}, \mathrm{P})$ such that

$$
\lim _{t \rightarrow-\infty} M_{t}=M_{-\infty} \text { a.s. and in } L_{1}(\Omega, \mathcal{F}, \mathrm{P})
$$

The strong law of large numbers for i.i.d. $L_{1}$ random variables $X_{n}$ is a corollary: for $n \in \mathbb{N}$, define $S_{n}:=\sum_{j=1}^{n} X_{j}$ and $M_{-n}=\bar{X}_{n}=S_{n} / n$. Verify that $M_{t}$ is a martingale for the filtration $\mathcal{F}_{t}=\sigma\left\{M_{s}: s \leq t\right\}$ (note $X_{n}$ is $\mathcal{F}_{-n+1}$-measurable but not $\mathcal{F}_{-n}$-measurable), and that $M_{-\infty}$ is in the tail field and hence (by Kolmogorov's $0 / 1$ law) is almost-surely constant. Evidently the constant is $\mu$, so $X_{n} \rightarrow \mu$ a.s. as $n \rightarrow \infty$.

## 4 Martingale Problem for Markov Chains

In Section (1.1) we found a particular function $\phi(x)=(q / p)^{x}$ which, when evaluated along the random walk $X_{n}$, would yield a process $M_{n}^{(3)}=\phi\left(X_{n}\right)$ that was a martingale. In this section we consider the general question of finding functions $\phi(\cdot)$ for which $\phi\left(X_{t}\right)$ is a martingale for specified Markov chains $X_{t}$ - or, more general still, of how to create martingales from processes of the form $\phi\left(X_{t}\right)-A_{t}$ for "any" function $\phi$.
A discrete time Markov chain is a process $X_{n}$ indexed by the nonnegative integers $n \in \mathcal{T}:=$ $\mathbb{N}_{0}$ and taking values in a discrete state space $\mathcal{S}$ with the property that, for each $n \in \mathcal{T}$, the conditional probability $\mathrm{P}\left[A \mid \mathcal{F}_{n}\right]$ of any "future" event $A \in \mathcal{F}^{n}:=\sigma\left\{X_{t}: t \geq n\right\}$, given the "past" $\mathcal{F}_{n}:=\sigma\left\{X_{t}: t \leq n\right\}$, depends only on the "present" $X_{n}$ - i.e., is $\sigma\left(X_{n}\right)$ measurable. Random walks (like the simple random walk of Section (1.1)) are important examples of Markov chains, but others abound. The distribution of a Markov Chain is determined by the initial distribution $p_{j}^{(0)}=\mathrm{P}\left[X_{0}=j\right]$ for $j \in \mathcal{S}$ and the transition matrix $P_{j k}^{(t)}=\mathrm{P}\left[X_{t+1}=k \mid X_{t}=j\right]$ for all $t \in \mathcal{T}$ and pairs $j, k \in \mathcal{S}$. In the important stationary case $P_{j k}^{(t)}=P_{j k}$ doesn't depend on $t$, and $p_{j}^{(0)}=\mathrm{P}\left[X_{t}=j\right]$ for every $t \in \mathcal{T}$, so $n$-step transition probabilities $\mathrm{P}\left[X_{t+n}=k \mid X_{t}=j\right]=P_{j k}^{n}$ are given by simple matrix powers.
Let $X_{n}$ be a stationary Markov chain with transition matrix $P$ on a discrete (but not necessarily finite) state space $\mathcal{S}$. Then for $\phi\left(X_{n}\right)$ to be a martingale we need for each $j \in \mathcal{S}$

$$
\begin{aligned}
0 & =\mathrm{E}\left[\phi\left(X_{1}\right)-\phi\left(X_{0}\right) \mid X_{0}=j\right] \\
& =\mathcal{A} \phi(j):=\sum_{k \neq j} P_{j k}[\phi(k)-\phi(j)],
\end{aligned}
$$

for the operator $\mathcal{A}$ called the generator of the process. In this case $\phi$ is said to be harmonic. Even if $\phi$ is not harmonic, we can still construct a martingale by subtracting precisely the right thing:

$$
M_{\phi}(t):=\phi\left(X_{t}\right)-\sum_{0 \leq s<t} \mathcal{A} \phi\left(X_{s}\right)
$$

will always be a martingale, starting at $\phi\left(X_{0}\right)$. In fact, this property characterizes the Markov chain $X_{t}$ completely, and is the modern way of defining the Markov process.

### 4.1 Martingale Problems

In both discrete and continuous time, the most powerful and general way known for constructing Markov processes and exploring their properties is to view them as solutions to a Martingale Problem. We describe it for discretely-distributed processes $X_{t}$, but similar characterizations apply to Markov processes with continuous marginal distributions.

### 4.2 Discrete Time

Let $P_{j k}^{(t)}$ be a (possibly time-dependent) Markov transition matrix on a state space $\mathcal{S}$ indexed by $\mathcal{T}=\mathbb{N}_{0}$ or $\mathcal{T}=\mathbb{Z}$, so $(\forall j, k \in \mathcal{S})$ and $(\forall t \in \mathcal{T})$,

$$
P_{j k}^{(t)} \geq 0 \quad \text { and } \quad \sum_{k \in \mathcal{S}} P_{j k}^{(t)}=1
$$

Then an $\mathcal{S}$-valued process $X_{t}$ indexed by $t \in \mathcal{T}$ is a Markov chain with transition matrix $P_{j k}^{(t)}$ if and only if it solves the discrete-time Martingale Problem: for all bounded functions $\phi: \mathcal{S} \rightarrow \mathbb{R}$, the process

$$
M_{\phi}(t):=\phi\left(X_{t}\right)-\phi\left(X_{0}\right)-\sum_{0 \leq s<t} \sum_{j \neq i=X_{s}} P_{i j}^{(s)}[\phi(j)-\phi(i)]
$$

must be a martingale indexed by $t \in \mathcal{T}$. In the homogeneous case where $P_{j k}^{(t)} \equiv P_{j k}$ doesn't depend on $t$, the $n$-step transition probability is simply the matrix power $P^{n}$, and the operator

$$
\mathfrak{G} \phi(i)=\sum_{j \neq i} P_{i j}[\phi(j)-\phi(i)]
$$

is called the generator of the process. The function $\phi$ is called harmonic if $\mathfrak{G} \phi \equiv 0$, in which case $\phi\left(X_{t}\right)$ itself is a martingale.

### 4.2.1 Example: Simple Random Walks

For the symmetric random walk on $\mathbb{Z}$, for example, $\mathfrak{G} \phi(x)=\frac{1}{2}[\phi(x+1)-2 \phi(x)+\phi(x-1)]$, half the second-difference operator, so all affine functions $\phi(x)=a+b x$ (and only they) are harmonic. Now we'll consider asymmetric walks.
Let $X_{t}$ be the simple random walk (2) starting at $X_{0}=x$ with $\mathrm{P}\left[\xi_{j}=1\right]=p$ and $\mathrm{P}\left[\xi_{j}=\right.$ $-1]=q:=(1-p)$ with $0<p<1$. To be harmonic a function $\phi$ must satisfy $0 \equiv \mathcal{A} \phi(x)=$ $p[\phi(x+1)-\phi(x)]-q[\phi(x)-\phi(x-1)]$, so by induction $[\phi(x)-\phi(x-1)]=(q / p)^{x}[\phi(1)-\phi(0)]$. Summing the geometric series shows that all solutions are of the form $\phi(x)=a+b(q / p)^{x}$ for $p \neq q$, and (as before) $\phi(x)=a+b x$ for $p=q=\frac{1}{2}$.

This and the martingale maximal inequality lead to simple proofs of things about the random walk - for example, if $p<q$ (so $X_{t}$ is more likely to decrease than increase) and $a>x$, then for $t>0$,

$$
\begin{aligned}
\mathrm{P}\left[\sup _{0 \leq s \leq t} X_{s} \geq a\right] & =\mathrm{P}\left[\sup _{0 \leq s \leq t}(q / p)^{X_{s}} \geq(q / p)^{a}\right] \\
& \leq \frac{(q / p)^{x}}{(q / p)^{a}}=(p / q)^{a-x} .
\end{aligned}
$$

Taking the supremum over all $t>0$ (since the bound doesn't depend on $t$ ), we see that the probability of ever exceeding $a$ decreases geometrically. With a little more work, we can find exceedence probabilities for lines $a+b t$ too:
Let $b \in \mathbb{R}$ and set $Y_{t}:=X_{t}-b t$ where $X_{t}$ is the simple random walk of Section (1.1). Then $Y$ too is a Markov chain, and the function $\phi(x)=r^{x}$ will be harmonic for $Y$ if $r$ satisfies

$$
\begin{aligned}
0=\mathcal{A} \phi(x) & =p \phi(x+1-b)-\phi(x)+q \phi(x-1-b) \\
& =r^{x-1-b}\left[p r^{2}-r^{1+b}+q\right] .
\end{aligned}
$$

The term in brackets

$$
h(r):=p r^{2}-r^{1+b}+q
$$

vanishes at $r=1$ and tends to infinity as $r \rightarrow \pm \infty$. Its derivative at $r=1$ is $h^{\prime}(1)=(\mu-b)$ for $\mu=(p-q)=(2 p-1)$; if this doesn't vanish, then there must exist another root $r_{*} \neq 1$ of $h\left(r_{*}\right)=0$ for which $\mathcal{A} \phi \equiv 0$ and hence $M_{\phi}(t):=r_{*}^{X_{t}-b t}$ is a martingale starting at $M_{\phi}(0)=r_{*}^{x}$. By the Martingale Maximal Inequality (MMI, Theorem 4 on $p .13$ ), for any $a, b \in \mathbb{R}$,

$$
\begin{equation*}
\mathrm{P}\left[\sup _{0 \leq s \leq t}\left\{X_{s}-b s\right\} \geq a\right]=\mathrm{P}\left[\sup _{0 \leq s \leq t}\left\{r_{*}^{Y_{s}}\right\} \geq r_{*}^{a}\right] \leq r_{*}^{x-a} \tag{8}
\end{equation*}
$$

giving a bound for the probability that the random walk $X_{s}$ ever crosses the line $y=a+b s$ (since the bound doesn't depend on $t<\infty$ ). In the Roulette example, with $p=9 / 19$ and $b=0$ we have $r_{*}=q / p=10 / 9$, so (8) implies

$$
\mathrm{P}\left[X_{t} \text { ever exceeds } a\right] \leq(9 / 10)^{a-x}
$$

the same bound as before. Now, however, we have new results like

$$
\mathrm{P}\left[X_{t} \text { ever exceeds }(a+t / 2)\right] \leq(3.382975)^{x-a}
$$

for a symmetric random walk and $a \geq x$, since $r_{*} \approx 3.382975$ is the solution $r \neq 1$ to $h(r)=\left[\frac{1}{2} r^{2}-r^{3 / 2}+\frac{1}{2}\right]=0$.

### 4.2.2 General Random Walks

Now let $\left\{\xi_{j}\right\}$ be iid from any distribution with a MGF $M(t)=\mathrm{E}\left[e^{t \xi_{j}}\right]$ that is finite in some interval around zero. Let $X_{n}:=x+\sum_{j \leq n} \xi_{j}$ be a random walk starting at $x \in \mathbb{R}$, and let
$a, b \in \mathbb{R}$. Then for any $t \in \mathbb{R}$ for which $M(t)$ is finite,

$$
Y_{n}:=\exp \left\{t X_{n}-n \log M(t)\right\}
$$

is a martingale and, for any $t_{*}$ such that $M\left(t_{*}\right)=e^{t_{*} b}$, so is

$$
Y_{n}^{*}:=\exp \left\{t_{*}\left(X_{n}-n b\right)\right\}
$$

By the MMI,

$$
\begin{aligned}
\mathrm{P}\left[X_{n} \text { ever exceeds } a+b n\right] & =\mathrm{P}\left[\sup _{n \geq 0}\left(X_{n}-n b\right) \geq a\right] \\
& =\mathrm{P}\left[\sup _{n \geq 0} Y_{n}^{*} \geq e^{t^{*} a}\right] \leq \exp \left\{t^{*}(x-a)\right\}
\end{aligned}
$$

For example, if $\xi_{j} \stackrel{\text { iid }}{\sim} \operatorname{No}\left(\mu, \sigma^{2}\right)$ then $M(t)=e^{t \mu+t^{2} \sigma^{2} / 2}$ is finite for all $t \in \mathbb{R}$ and the equation

$$
M\left(t_{*}\right)=e^{t_{*} \mu+t_{*}^{2} \sigma^{2} / 2}=e^{t_{*} b}
$$

is satisfied for $t_{*}=0$ or $t_{*}=2(b-\mu) / \sigma^{2}$. The first of these gives a trivial bound but the second gives

$$
\mathrm{P}\left[X_{n} \text { ever exceeds } a+b n\right] \leq \exp \left\{2(b-\mu)(x-a) / \sigma^{2}\right\}
$$

or, for $x=\mu=0<a$, simply $\exp \left\{-2 a b / \sigma^{2}\right\}$. This same bound, as it happens, applies to Brownian motion with drift. Exercise: Find a bound for the probability that a unit-rate Poisson random walk $X_{t}$ ever exceeds $1+2 t$ (Ans: $\left.\exp (-1.256431)=0.2846682\right)$.

### 4.3 Continuous Time

Similar bounds are available for Markov processes indexed by continuous time $\mathcal{T}=\mathbb{R}_{+}$, such as Brownian motion and continuous-time Markov chains.
Let $Q_{j k}^{(t)}$ be a (possibly time-dependent) continuous-time Markov transition rate matrix on a discrete state space $\mathcal{S}$, i.e., a family of matrices on $\mathcal{S} \times \mathcal{S}$ that for each $t \in \mathcal{T}$ satisfies

$$
(\forall j \neq k \in \mathcal{S}) Q_{j k}^{(t)} \geq 0 \quad \text { and } \quad(\forall j \in \mathcal{S}) \sum_{k \in \mathcal{S}} Q_{j k}^{(t)}=0
$$

Then an $\mathcal{S}$-valued process $X_{t}$ is a Markov chain with rate matrix $Q_{j k}^{(t)}$ if and only if it solves the continuous-time Martingale Problem: for all bounded functions $\phi: \mathcal{S} \rightarrow \mathbb{R}$, the process

$$
M_{\phi}(t):=\phi\left(X_{t}\right)-\int_{0}^{t}\left[\sum_{j \neq i=X_{s}} Q_{i j}^{(s)}[\phi(j)-\phi(i)]\right] d s
$$

must be a martingale starting at $M_{\phi}(0)=\phi(x)$. In the homogeneous case where $Q_{j k}^{(t)} \equiv Q_{j k}$ doesn't depend on $t$, the time- $t$ transition probability is simply the matrix exponential $P^{t}=$ $\exp (t Q)=\sum_{n \geq 0} \frac{t^{n}}{n!} Q^{n}$. The operator

$$
\mathfrak{G} \phi(i):=\sum_{j \in \mathcal{S}} Q_{i j}[\phi(j)-\phi(i)]
$$

is called the (infinitesimal) generator of the process, and $M_{\phi}$ can be written

$$
M_{\phi}(t):=\phi\left(X_{t}\right)-\int_{0}^{t} \mathfrak{G} \phi\left(X_{s}\right) d s
$$

If $\phi$ is harmonic, then $\phi\left(X_{t}\right)$ is a martingale. A similar approach works for processes with continuous marginal distribution: for Brownian Motion in $\mathbb{R}^{d}$, for example, $\mathfrak{G} \phi(x)=\frac{1}{2} \Delta \phi(x)$, half the Laplacian, illustrating why functions that satisfy $\mathfrak{G} \phi \equiv 0$ are called harmonic.

### 4.3.1 Example: SII Jump Processes

The unit-rate Poisson process $N(t)$ is characterized by its initial value of 0 and its generator $\mathfrak{G} \phi(x)=[\phi(x+1)-\phi(x)]$. The sum

$$
X_{t}=\sum_{j} u_{j} N_{j}\left(\nu_{j} t\right)
$$

of independent Poisson processes with rates $\nu_{j}>0$ and jump sizes $u_{j} \in \mathbb{R}$ is also a continuous time Markov process, with generator given by

$$
\begin{align*}
\mathfrak{G} \phi(x) & =\sum_{j}\left[\phi\left(x+u_{j}\right)-\phi(x)\right] \nu_{j} \\
& =\int_{\mathbb{R}}[\phi(x+u)-\phi(x)] \nu(d u) \tag{9}
\end{align*}
$$

for $\phi \in \mathcal{C}_{b}^{1}(\mathbb{R})$, for the discrete measure $\nu(d u):=\sum_{j} u_{j} \delta_{\nu_{j}}(d u)$. The log ch.f. is

$$
\begin{equation*}
\log \mathrm{E} e^{i \omega X_{t}}=\int_{\mathbb{R}}\left[e^{i \omega u}-1\right] \nu(d u) \tag{10}
\end{equation*}
$$

Actually Eqns $(9,10)$ continue to be well-defined and determine the distribution of a Markov process $X_{t}$ with stationary independent increments (SII) for any finite Borel measure $\nu(d u)$ on $\mathbb{R}$ or, since both integrands vanish to first order at zero, even for infinite "Lévy measures" $\nu(d u)$ that satisfy the "local $L_{1}$ condition"

$$
\begin{equation*}
\int_{\mathbb{R}}(1 \wedge|u|) \nu(d u)<\infty \tag{11}
\end{equation*}
$$

One example is the gamma process $X_{t} \sim \mathrm{Ga}(\alpha d t, \beta)$ whose Lévy measure is given by $\nu(d u)=$ $\alpha u^{-1} e^{-\beta u} 1_{\{u>0\}} d u$, and whose independent increments

$$
\left[X_{t}-X_{s}\right] \sim \operatorname{Ga}(\alpha(t-s), \beta)
$$

have gamma distributions. Another is the symmetric $\alpha$-stable (S $S S$ ) process $X_{t} \sim \operatorname{St}(\alpha, 0, \gamma t, 0)$ with $\nu(d u)=\frac{\alpha \gamma}{\pi} \Gamma(\alpha) \sin \left(\frac{\pi \alpha}{2}\right)|u|^{-\alpha-1} d u$, with $\alpha$-stable increments. Eqn (11) is only satisfied for $0<\alpha<1$, but the approach can be extended to cover the entire range of $0<\alpha<2$ (including the Cauchy, $\alpha=1$ ) using "compensation". Ask me if you'd like to know more.

## 5 Maximal Inequalities

Under mild conditions, the suprema of martingales over finite and even infinite intervals may be bounded; this makes them extremely useful for bounding the growth of processes. The usual bounds are of two kinds: bounds on the probability that a martingale $M_{t}$ (or its absolute value $\left|M_{t}\right|$ ) exceeds a fixed number $\lambda \in \mathbb{R}$ in some prescribed time interval, and bounds on the expectation of the supremum of $\left|M_{t}\right|^{p}$ over some interval, for real numbers $p \geq 1$. Here are a few illustrative results.

Theorem 4 Let $M_{t}$ be a martingale and let $t \in \mathcal{T}$. Then for any $\lambda>0$,

$$
\begin{gathered}
\mathrm{P}\left[\sup _{0 \leq s \leq t} M_{s} \geq \lambda\right] \leq \lambda^{-1} \mathrm{E} M_{t}^{+} \\
\mathrm{P}\left[\sup _{0 \leq s \leq t}\left|M_{s}\right| \geq \lambda\right] \leq \lambda^{-1} \mathrm{E}\left|M_{t}\right|
\end{gathered}
$$

Proof. Let $\tau=\inf \left\{t \geq 0: M_{t} \geq \lambda\right\}$. Since both $M_{t}$ and $M_{t \wedge \tau}$ are martingales,

$$
\begin{aligned}
\mathrm{E} M_{t} & =\mathrm{E} M_{t \wedge \tau} \\
& =\mathrm{E}\left\{M_{\tau} \mathbf{1}_{[\tau \leq t]}+M_{t} \mathbf{1}_{[\tau>t]}\right\} \\
& \geq \mathrm{E}\left\{\lambda \mathbf{1}_{[\tau \leq t]}+M_{t} \mathbf{1}_{[\tau>t]}\right\} \\
& =\lambda \mathrm{P}[\tau \leq t]+\mathrm{E}\left\{M_{t} \mathbf{1}_{[\tau>t]}\right\}, \quad \text { so } \\
\mathrm{E}\left[M_{t} \mathbf{1}_{[\tau \leq t]}\right] & \geq \lambda \mathrm{P}[\tau \leq t] \quad \text { and hence } \\
\mathrm{P}\left\{\sup _{0 \leq s \leq t} M_{s} \geq \lambda\right\} & =\mathrm{P}[\tau \leq t] \\
& \leq \lambda^{-1} \mathrm{E}\left[M_{t} \mathbf{1}_{[\tau \leq t]}\right] \\
& \leq \lambda^{-1} \mathrm{E}\left[M_{t}^{+} \mathbf{1}_{[\tau \leq t]}\right] \\
& \leq \lambda^{-1} \mathrm{E}\left[M_{t}^{+}\right],
\end{aligned}
$$

proving the first assertion. Since $-M_{t}$ is also a martingale, we also have:

$$
\begin{aligned}
& \mathrm{P}\left\{\inf _{0 \leq s \leq t} M_{s} \leq-\lambda\right\} \leq \lambda^{-1} \mathrm{E}\left[M_{t}^{-}\right] ; \quad \text { adding these together, } \\
& \mathrm{P}\left\{\sup _{0 \leq s \leq t}\left|M_{s}\right| \geq \lambda\right\} \leq \lambda^{-1} \mathrm{E}\left[\left|M_{t}\right|\right]
\end{aligned}
$$

■
In fact we proved something slightly stronger (which we'll need below). Set $|M|_{t}^{*}:=$ $\sup _{0 \leq s \leq t}\left|M_{s}\right|$; then

$$
\begin{equation*}
\mathrm{P}\left\{|M|_{t}^{*} \geq \lambda\right\} \leq \lambda^{-1} \mathrm{E}\left[\left|M_{t}\right| \mathbf{1}_{\left\{|M|_{t}^{*} \geq \lambda\right\}}\right] \tag{12}
\end{equation*}
$$

Theorem 5 For any martingale $M_{t}$ and any real numbers $p>1$ and $q:=\frac{p}{p-1}>1$,

$$
\left\|\sup _{s \leq t}\left|M_{s}\right|\right\|_{p} \leq q \sup _{s \leq t}\left\|M_{s}\right\|_{p}
$$

## Proof.

By Fubini's theorem,

$$
\begin{aligned}
\mathrm{E}\left[\left(|M|_{t}^{*}\right)^{p}\right] & =\int_{0}^{\infty} p \lambda^{p-1} \mathrm{P}\left[|M|_{t}^{*} \geq \lambda\right] d \lambda \\
& \leq \int_{0}^{\infty} p \lambda^{p-1} \lambda^{-1} \mathrm{E}\left[\left|M_{t}\right| \mathbf{1}_{\left\{|M|_{t}^{*} \geq \lambda\right\}}\right] d \lambda \\
& =\mathrm{E} \int_{0}^{|M|_{t}^{*}} p \lambda^{p-2}\left|M_{t}\right| d \lambda \\
& =\frac{p}{p-1} \mathrm{E}\left[\left(|M|_{t}^{*}\right)^{p-1}\left|M_{t}\right|\right]
\end{aligned}
$$

Hölder's inequality asserts that $\mathrm{E}[Y Z] \leq\left\{\mathrm{E} Y^{p}\right\}^{1 / p}\left\{\mathrm{E} Z^{q}\right\}^{1 / q}$ for any nonnegative random variables $Y$ and $Z$; applying this with $Y=\left|M_{t}\right|$ and $Z=\left(|M|_{t}^{*}\right)^{p-1}$, and noting $(p-1) q=p$, we get

$$
\begin{aligned}
& \left\{\mathrm{E}\left(|M|_{t}^{*}\right)^{p}\right\}^{1} \leq q \mathrm{E}\left\{\left(|M|_{t}^{*}\right)^{p}\right\}^{1 / q} \mathrm{E}\left\{\left|M_{t}\right|^{p}\right\}^{1 / p} \\
& \left\{\mathrm{E}\left(|M|_{t}^{*}\right)^{p}\right\}^{1-1 / q}=\left\||M|_{t}^{*}\right\|_{p} \leq q\left\|M_{t}\right\|_{p}=q \underset{0 \leq s \leq t}{ } \sup _{0 \leq s}\left\|M_{s}\right\|_{p} .
\end{aligned}
$$

Note that $q \nearrow \infty$ as $p \searrow 1$, so the bound blows up as $p$ shrinks to one. To achieve an $L_{1}$ bound on $\mathrm{E}|M|_{t}^{*}$ we need something slightly stronger than an $L_{1}$ bound on $\mathrm{E}\left|M_{t}\right|$ (see below).

In summary: if $M_{t}$ is a martingale and if $t \in \mathcal{T}$ then

$$
\begin{aligned}
\mathrm{P}\left[\sup _{s \leq t} M_{s} \geq \lambda\right] & \leq \lambda^{-1} \mathrm{E}\left[M_{t}^{+}\right] \\
\mathrm{P}\left[\min _{s \leq t} M_{s} \leq-\lambda\right] & \leq \lambda^{-1} \mathrm{E}\left[M_{t}^{-}\right] \\
\mathrm{P}\left[\sup _{s \leq t}\left|M_{s}\right| \geq \lambda\right] & \leq \lambda^{-1} \mathrm{E}\left|M_{t}\right| \\
\mathrm{E} \sup _{s \leq t}\left|M_{s}\right|^{p} & \leq q^{p} \sup _{s \leq t} \mathrm{E}\left[\left|M_{s}\right|^{p}\right]=q^{p} \mathrm{E}\left[\left|M_{t}\right|^{p}\right] \quad(p>1) \\
\mathrm{E} \sup _{s \leq t}\left|M_{s}\right| & \leq \frac{e^{\leq t}}{e-1} \sup _{s \leq t} \mathrm{E}\left[\left|M_{s}\right| \log ^{+}\left(\left|M_{s}\right|\right)\right] \quad(p=1)
\end{aligned}
$$

### 5.1 Back to Sequential Testing

Suppose $\left\{X_{j}\right\} \stackrel{\mathrm{iid}}{\sim} f(x) d x$, but we are uncertain whether $f=f_{0}$ or $f=f_{1}$ for two candidate pdfs. The optimal frequentist fixed sample-size test of the hypothesis $H_{0}:\left\{X_{j}\right\} \stackrel{\text { iid }}{\sim} f_{0}(x) d x$ against alternative $H_{1}:\left\{X_{j}\right\} \stackrel{\text { iid }}{\sim} f_{1}(x) d x$ begins by selecting a constant $C_{n}>0$ and proceeds by "rejecting $H_{0}$ " if the Likelihood Ratio (against $f_{0}$ )

$$
\Lambda_{n}:=\prod_{j=1}^{n} \frac{f_{1}\left(X_{j}\right)}{f_{0}\left(X_{j}\right)}
$$

exceeds the specified constant $C_{n}>0$. The "size" $\alpha$ of the test is the probability of rejection for a true hypothesis - i.e.,

$$
\alpha=\mathrm{P}_{0}\left[\Lambda_{n} \geq C_{n}\right],
$$

where the subscript " 0 " on P indicates that the probability is computed under the assumption $H_{0}$ that $\left\{X_{j}\right\} \stackrel{\mathrm{iid}}{\sim} f_{0}(x) d x$. Equivalently we can take logarithms and write

$$
\log \Lambda_{n}=\sum_{j=1}^{n} \xi_{j}
$$

as the sum of $n$ iid random variables $\xi_{j}:=\log \left(f_{1}\left(X_{j}\right) / f_{0}\left(X_{j}\right)\right)$. If we set

$$
\begin{aligned}
\mu & :=\mathrm{E}\left[\xi_{j}\right] & \sigma^{2} & :=\operatorname{Var}\left[\xi_{j}\right] \\
& =\int \log \frac{f_{1}(x)}{f_{0}(x)} f_{0}(x) d x & & =\int\left(\log \frac{f_{1}(x)}{f_{0}(x)}-\mu\right)^{2} f_{0}(x) d x \\
& =-\mathcal{K}\left(f_{0}: f_{1}\right) & &
\end{aligned}
$$

then, for large $n$, the Central Limit Theorem says

$$
\begin{aligned}
\alpha & =\mathrm{P}_{0}\left[\Lambda_{n} \geq C_{n}\right] \\
& =\mathrm{P}_{0}\left[\frac{\log \Lambda_{n}-n \mu}{\sigma \sqrt{n}} \geq \frac{\log C_{n}-n \mu}{\sigma \sqrt{n}}\right] \\
& =\mathrm{P}_{0}\left[\frac{n \mu-\log \Lambda_{n}}{\sigma \sqrt{n}} \leq z_{\alpha}\right] \approx \Phi\left(z_{\alpha}\right)
\end{aligned}
$$

for $z_{\alpha}:=\Phi^{-1}(\alpha)$ and

$$
C_{n}=\exp \left(n \mu-z_{\alpha} \sigma \sqrt{n}\right)
$$

Even if $H_{0}:\left\{X_{j} \sim f_{0}(x) d x\right\}$ is true, an investigator who accrues more and more data (i.e., takes additional observations $X_{j}$ ) in the hope of finding $\Lambda_{n} \geq C_{n}$ will eventually succeedand so will reject a true hypothesis - with probability one, since the Law of the Iterated Logarithm asserts that

$$
1=\lim \sup \frac{\log \Lambda_{n}-n \mu}{\sigma \sqrt{2 n \log \log n}}=\lim \sup \frac{\sum_{1}^{n}\left(\xi_{j}-\mu\right)}{\sigma \sqrt{2 n \log \log n}}
$$

with probability one and hence

$$
\infty=\limsup \frac{\log \Lambda_{n}-n \mu}{\sigma \sqrt{n}}
$$

so $\mathrm{P}_{0}$ [ Eventually reject $H_{0}$, with enough data ] = 1 even for true hypotheses.
Interestingly, the Martingale Maximal Inequality shows that Bayesian analysis does not suffer from the same problem. Since $\Lambda_{n}$ is a martingale under $H_{0}:\left\{X_{j}\right\} \stackrel{\text { iid }}{\sim} f_{0}(x) d x$, the SPRT that rejects $H_{0}$ if $\Lambda_{n} \geq U$ by the MMI satisfies

$$
\mathrm{P}_{0}\left[\sup _{1 \leq n \leq N} \Lambda_{n} \geq U\right] \leq \frac{\mathrm{E}_{0} \Lambda_{N}}{U}=1 / U \approx \alpha /(1-\beta)
$$

for all $N \in \mathbb{N}$, so even an investigator seeking "significance" by taking observations until the evidence seems strong will succeed with at most probability $\alpha /(1-\beta)$, only slightly above the nominal type-I error probability of $\alpha$ if (as usual) $\beta$ is small.

## 6 Doob's Martingale

Fix any $Y \in L_{1}(\Omega, \mathcal{F}, \mathrm{P})$ and let $M_{t}:=\mathrm{E}\left[Y \mid \mathcal{F}_{t}\right]$ be the best prediction of $Y$ available at time $t$. Then $M_{t}$ is a uniformly-integrable martingale, and $M_{t} \rightarrow Y$ a.s. and in $L_{1}$.

## 7 Summary

To summarize, martingales are important because:

1. They have close connections with Markov processes;
2. Their expectations at stopping times are easy to compute;
3. They offer a tool for bounding the maxima and minima of processes;
4. They offer a tool for establishing path regularity of processes;
5. They offer a tool for establishing the a.s. convergence of certain random sequences;
6. They are important for modeling economic and statistical time series which are, in some sense, predictions.

## Examples:

1. Partial sums $S_{n}=\sum_{i=1}^{n} X_{i}$ of independent mean-zero RV's
2. Stochastic Integrals. For example: let $M_{n}$ be your "fortune" at time $n$ in a gambling game, and let $X_{n}$ be an IID Bernoulli sequence with probability $\mathrm{E} X_{n}=p$. Preceding each time $n+1 \in \mathbb{N}$ you may bet any fraction $F_{n}$ you like of your (current) fortune $M_{n}$ on the upcoming Bernoulli event $X_{n+1}$, at odds ( $p: 1-p$ ); your new fortune after that bet will be $M_{n+1}=M_{n}\left(1-F_{n}\right)$ if you lose (i.e., if $X_{n+1}=0$ ), and $M_{n+1}=M_{n}\left(1+F_{n} \frac{1-p}{p}\right)$ if you win (i.e., if $X_{n+1}=1$ ), or in general $M_{n+1}=M_{n}\left(1-F_{n}\left(1-X_{n+1} / p\right)\right)$. If $F_{n} \in \sigma\left\{X_{1} \cdots X_{n}\right\}$ depends only on information available at time $n$, then $\mathrm{E}\left[M_{n+1} \mid\right.$ $\left.\mathcal{F}_{n}\right]=M_{n}$ and $M_{n}$ is a martingale. Hence there is no possible betting strategy $F_{n}$ based only on observed information $\mathcal{F}_{n}$ that can lead to a positive expected profit, since $\mathrm{E}\left[M_{n}-M_{0}\right] \equiv 0$. We can represent $M_{n}$ in the form

$$
M_{n}=M_{0}+\sum_{i=0}^{n-1} F_{i} M_{i}\left[Y_{i+1}-Y_{i}\right]
$$

as the "martingale transform" of the martingale $Y_{n}:=\left(S_{n}-n p\right) / p$.
3. Variance of a Sum: $M_{n}=\left(\sum_{i=1}^{n} Y_{i}\right)^{2}-n \sigma^{2}$, where $E Y_{i} Y_{j}=\sigma^{2} \delta_{i j}$
4. Radon-Nikodym Derivatives:

$$
\begin{aligned}
M_{n}(\omega) & =2^{-n} \int_{i / 2^{n}}^{(i+1) / 2^{n}} f(x) d x, \quad i=\left\lfloor 2^{n} \omega\right\rfloor \\
& \rightarrow M_{\infty}(\omega)=f(\omega) \quad \text { a.s. }
\end{aligned}
$$

5. Leftovers:

- Submartingales: $\mathrm{E}\left[X_{t}^{+}\right]<\infty, X_{t} \in \mathcal{F}_{t}, X_{t} \leq \mathrm{E}\left[X_{s} \mid \mathcal{F}_{t}\right]$ for $s>t$.
- Supermartingales: If $X_{t}$ is a submartingale then $Y_{t}:=\left(-X_{t}\right)$ is a supermartingale, satisfying $Y_{t} \geq \mathrm{E}\left[Y_{s} \mid \mathcal{F}_{t}\right]$ for $s>t$.
- Jensen's inequality: if $M_{t}$ is a martingale and if $\phi$ convex with $\mathrm{E}\left[\phi\left(M_{t}\right)^{+}\right]<\infty$, then $X_{t}=\phi\left(M_{t}\right)$ is a submartingale.
- Most of the bounds and convergence theorems above extend to sub- or supermartingales.
- Positive supermartingales always converge: if $Y_{t} \geq 0$ is a supermartingale, then $\left(\exists Y_{\infty} \in L_{1}\right) Y_{t} \rightarrow Y$ a.s. If $\left\{Y_{t}\right\}$ is UI, also $Y_{t} \rightarrow Y$ in $L_{1}$.
- A martingale is both a submartingale and a supermartingale.


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